

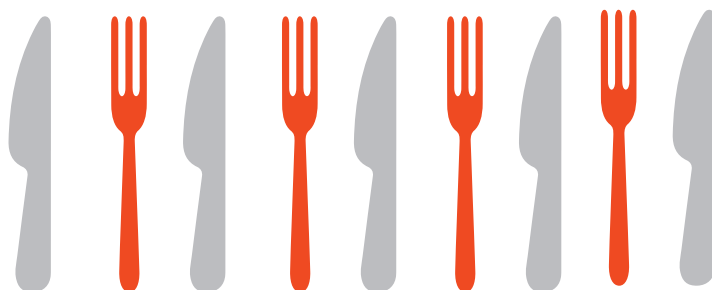
LUNCH **-N-** LEARN

HUNGER AWARENESS MONTH

A WELLNESS EVENT:

Join the KU Fights Hunger team, along with the Lawrence food bank Just Food for a discussion about hunger on campus and throughout Douglas County.

**Cooking demonstration
and sampling of a
healthy snack on a
budget!**



Every October the campus organization KU Fights Hunger hosts Hunger Awareness Month to engage the campus and community in hunger activities. The group works hard year-round to start conversations on the impact of hunger in our community and host events that help provide resources for those in need.



WEDNESDAY, OCT. 5TH

LOCATION: WATKINS HEALTH SERVICES

12:10 - 12:50 pm **Crimson and Blue Room**

Employees can self-report 1 point to HealthQuest.
Admission is Free. Membership is not required.